

MUD MOUNTAIN MELEE 8K

8K Trail Run and 2 Mile Walk

Saturday, May 8th, 2010,

8:00 am check-in

8K/2 Mile - 9:00 am start

Mud Mtn. Dam Recreation area, Enumclaw, WA.

Registration Form

Please complete and return this form with your registration fee. One form per person. Please make checks payable to Plateau RC and mail to, Plateau RC, 718 Griffin Ave. #253 Enumclaw, WA 98022. No refunds/transfers.

Email - Kevin@plateaurc.com

Phone #360-802-5212

Name: _____ Age on race day: _____
Please print

Address _____

Phone _____ Email _____

Pre Registration on/before May 1st \$25.00 _____

Registration Day of Race \$30.00 _____

Gender (circle) Male Female BIB #

8K _____ 2 Mile walk _____

T Shirt - 100% cotton- circle one: Sm Med Lg XL XXL
(add \$1)

Release & Waiver

I know that participating in a walk/running race on trails is a potentially hazardous activity. I should not enter the Mud Mountain Melee 5 mile run unless I am medically able and properly trained. I agree to abide by any decision of race officials relative to my ability to safely complete the event. I assume all risks associated with participating in this event including, but not limited to falls, contact with other participants, the effects of weather, including high heat, traffic and the conditions of the trail, all risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of accepting my entry, I, for myself and anyone entitled to act on my behalf waive and release Kevin Myers, KM Enterprises, all sponsors, Army corps of Engineers and their representatives and successors from all claims or liabilities of any kind arising out of my participating even though said liability may arise out of my negligence or carelessness on the part of the persons named in the waiver. I grant permission for all the foregoing to use any photographs, motion pictures recordings or any other record of this event for any legitimate purpose.

Signature and date _____

Parent signature if under 18

Emergency Contact and Phone Number _____